

## Welcome to the course Behavioural Medicine in Physiotherapy, FYS045

Welcome to this digital distance course where you can study at the times which are convenient to you.

The course is divided into four parts which after an introductory part focus on individual, interpersonal, and organisational health-related behaviour change, in the context of physiotherapy.

If you look at the schedule you can see that there are dates and times for the lectures. This means that the recorded lectures will be found on Canvas course platform at the latest on this specific date and time. You are not obliged to attend the lecture right then but can watch the recording whenever you like.

However, there are time frames and dates to keep track of! The assignment is divided into four parts, and these should be handed in on the assigned dates. Further, your participation in discussions is mandatory and should be done in time.

On the Canvas course platform, you will find the Study guide, recorded lectures, discussion forums and much more. When you have registered on the course, gotten your student ID (see New student on our webpage) you are able to login to the course platform. Please be a frequent visitor! New information, recorded lectures and interesting discussions will be added all through the course period on the course platform.

Course coordinator

Maria Sandborgh

Maria Sandborgh, RPT, PhD, ass prof in physiotherapy